

# Soli

Wellness Center

Wellness Menu

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Soli (so.li) n.  
Inner Harmony, a  
state of well  
being



# Experiencing Wellness Begins Here...

The Soli Experience is created by combining our services and expertise into a personalized wellness program. However, our services are also offered individually.

**\* ALL PRICES REFLECT COST AT TIME OF SERVICE \***

## New Patient Wellness Visit (30 minutes / \$189)

Your journey to wellness begins here. We will check and correct your core wellness beliefs and Power 4 Life, prioritize your six interferences and conduct a health exam. A BIA, Zyto Basic and Health Appraisal Questionnaire are included.

## Zyto Health Scan (45-60 minutes / (\$79)

### Zyto Basic

Using the meridian circuits of the body, we can test to see if the organs and systems in your body are balanced. This is an incredible way to see how the six interferences are affecting the body and how best to balance these systems.

### Zyto Panel

Based on the results of the Zyto Basic and your priority six interferences, we will use supplements and homeopathics to bring every organ in your body into balance, an essential step on the road to wellness.

### BIA

BIA (Bio-Impedance Analysis) - a computer test to determine the health of your cell membranes and how well your body can respond to treatment.

## Report of Findings (30 Minutes / \$89)

Now that the problems have been identified, we will report on what has been found, and how they can best be corrected in the least amount of time.

We offer a discount for pre-paying for all 3 visits for a total of \$320.



# Structure

We have licensed Chiropractors with over 34 years of combined experience to ensure that structural issues won't interfere with your overall wellness.

## New Patient Structure Visit (30 minutes / \$89)

Initial Consultation and Exam to determine where your structural misalignments are and how best to correct them.

### Zyto Basic

Using the meridian circuits of the body, we can test to see if the organs and systems in your body are balanced and which of your vertebrae are under the most stress.

### BIA

BIA (Bio-Impedance Analysis) - a computer test to determine the health of your cell membranes and how well your body can respond to treatment.

### X-rays

#### (10 minutes)

These will allow the physician to best assess where the structural issues are found in your body and how to allow the body to unwind and heal itself.

Small	\$20
Medium	\$40
Large-full spine	\$70

### Report of Findings & Adjustment

#### (40 Minutes / \$89)

Now that the problems have been identified, we will report on what has been found and how they can best be corrected in the least amount of time, as well as do a full adjustment.

## World's Best Chiropractic visit (10 minutes/\$51)

A mini-massage, percussion treatment and cervical trigger point release all help to relax muscle fascia, preparing the body to unwind once adjusted. Eye lights and cold laser therapy are also included for optimal healing.

### Packages:

6 for \$285 (\$47.50 each)

10 for \$450 (\$45 each)

## Brain Balance (10 minutes/\$51)

After identifying which lobes of the brain are not communicating, we use cold laser therapy, eyelights and brain gym to achieve a powerful and long lasting correction.

## Carpal Tunnel Healing (10 minutes/\$51)

After identifying the area of nerve impingement, percussion will help to release muscle fascia and cold laser therapy will turn on and heal involved tissues. A wrist specific adjustment will follow. Preventative and therapeutic exercises will be discussed to continue healing and prevent future problems.

## Sleep Apnea and Snoring Protocol (10 minutes/\$51)

Designed to reset the cranial nerves and tissues related to breathing which can cause apnea and snoring.

## Structural Specific Adjustment (10 minutes/\$51)

Shoulder, pelvis, hip, knee and ankle all have separate protocols specifically designed for correction in that area. Percussion to loosen muscle fascia and cold laser therapy to enhance healing are included with structural specific adjustment.

## TMJ Healing (10 minutes/\$51)

We reset all nerves and muscles related to the jaw in its motions, then using gentle methods we correct structural misalignments. This will address the causes of TMJ pain. A jaw specific percussion and cold laser therapy will enhance healing.

## Vertigo Balance (10 minutes/\$51)

We identify and reset the nerves and structural mechanisms which can cause interference to balance.

## Genetics

Your genetics are the basis of how your body functions. If your genes are functioning with an altered efficiency, you will see a break down in your bodily functions. It affects everything from digestion, nerve health and hormone control to heart and brain health.

## Genetic Methylation Protocol (30 minutes / \$399)

Using a saliva test and muscle testing, we can determine which genes or methylation cycles are not functioning optimally and which micronutrients will correct the problem. One key of this protocol is that we address the major methylation cycles all at once for gentle, comprehensive correction.

## Toxins

We live in a toxic world. Air pollution, pesticides and heavy metals are everywhere. These toxins cause free radicals in our bodies, which cause mutations and cancer. Long before that, however, they rob us of our vitality and energy which are necessary for wellness.

## Zyto Toxic Assessment (45-60 minutes / \$79)

Using electro-dermal screening we can test to see what specific toxins your body is sensitive to and how they can best be cleansed from your body.

## Cellular Cleanse Footbath

(20 minutes /\$39) - first footbath only \$10

Using ionic exchange, we can powerfully reset the cell's bio-energy and stimulate it to release the toxins and heavy metals which make us sick.

Packages: 5 for \$150 10 for \$280 20 for \$350

## Heavy Metal Desensitization

(10 minutes / \$19)

We will desensitize the body to heavy metals and toxins using cold laser therapy and organ balancing, which helps in their elimination.



## Emotions

Emotional stress, according to many experts, causes 80 percent of our physical illnesses. By identifying what is the root cause of the issue, we can reset thinking patterns to allow the brain to overcome emotional stress.

## Dynamic Thought Re-patterning

(10 minutes / \$51)

An incredible technique that allows the brain to release and remove phobias.

## Whole Health

(30 min/\$89)

A powerful Soli protocol which allows us to treat all Six Interferences on one visit. This comprehensive approach includes Structure, Electrical Balance, Nutrition, Allergies and Sensitivities, Emotional Release, and addressing toxicity in your body.

## Couples Integration

(20 min/\$79)

We test to see how you are energetically responding to one another. Then we prioritize the emotional/energetic interferences and using color, sound, and accupressure balancing techniques, we discharge the negative energies between you. Then we give you a conscience tool called an "Anchor Phrase" to maintain the balance.



## Allergies and Sensitivities

When you have an allergy or sensitivity to a particular substance, it triggers an inflammatory reaction in the body which leads to an increase in the magnitude of the reaction causing a vicious cycle to occur.

### Allergy ASERT

(10 minutes / \$19)

A step by step method to identify your allergens and sensitivities and begin to correct them. We use your bio-computer to prioritize the best order to achieve optimal results.

### Zyto Allergy Scan

(45-60 minutes / \$79)

Using bio-communication (computerized) testing, we can discover what your body is sensitive to and how to correct it.



## Electrical Pollution

Cell phones, computers, microwaves and all electronics produce unseen electron fields which are constantly around us. These can interfere with our body's own energy field.

### Complete Electrical Evaluation

(10 minutes / \$51)

By testing your bio-computer, we can find out what is the source of your electrical interference. Possible sources typically include cell phones, microwaves, AC currents, or it could possibly be related to the environment you live in.



## Nutrition & Lifestyle

Lifestyle coaching is a dynamic, individualized and restorative program which provides a foundation for you to create change in your life and develop a healthy lifestyle.

### Lifestyle Coaching

(30 minutes/\$79)

An individualized program starting you at your comfort level. We use a

combination of resistance training, exercise and diet to help you achieve your fitness and lifestyle goals.

### Nutrition Scan

(10 minutes/\$49)

Using your nervous system, we can test your system to identify which organs, glands, or infective organisms are a problem and identify the correct nutrition.

### Bio-Electrical Impedance Analysis (BIA)

(10 minutes / \$19)

Water is a great conductor of electricity. Using this knowledge, we can run a current through your body fluids to measure your basal metabolic rate, fat mass, muscle mass, hydration levels and overall cellular health. Quick, easy and extremely accurate!



## Massage Therapy

Massage therapy is an effective form of treatment for a wide range of problems and an essential way to relax and unwind the body.

### Massage

60 minutes/\$50

90 minutes/\$75

120 minutes/\$100

Packages: 3 for \$140 5 for \$225 10 for \$400

### Structural Integration

(10 - 2 hour sessions/\$120 ea.)

Pre-pay all 10 sessions for \$1,000 and save \$200



# A Little Extra

To ensure that everyone experiences a little bit of heaven on earth on their way to wellness, we at Soli are committed to providing you with everything and anything which may benefit you.

## Burn Treatment Therapy

(10 min/\$10)

Using low level laser therapy, the healing process is accelerated significantly. Healing is a cellular process, and light energy initiates a cascade of reactions, known as cellular amplification. Pain decreases significantly and the body heals at an accelerated rate.

## Laser Treatment

(10 min/\$10)

At Soli we use cold or healing laser to treat many health conditions. Healing laser's increase the cellular energy production to high levels which allows for healing, detoxing, and repair to instantly improve to high levels. There is nothing better for scar's, burns, sprains and strains, rashes, skin issues, etc.

## Fascia Flexibility

(10 min/ \$10)

Flexibility and range of motion can be increased significantly using cold laser therapy. The light stimulates muscle spindles and golgi tendo organs. Stimulating these receptors causes a myofascial release and an increase in muscle flexibility.

## Scar Tissue Healing

(10 min/\$10)

Using low level laser therapy, lifelong scars can be minimized and wounds can heal quicker with less scar tissue using this miraculous technology.

## Sonic Vibration Therapy (10 minutes / \$19 for 1 session)

Incorporate along your path to wellness the amazing machine known as the TurboSonic. An invigorating way to recharge your cells, burn calories, tone muscles, release human growth hormone, lower cortisol levels and increase serotonin and endorphins. For best results we recommend using 3 times per week.

### Packages:

10 sessions \$120

1 Month unlimited \$150



## Hormone Scan (60 minutes/\$79)

We check your Power-4-Life cellular energy production, this allows us to know that the cells can generate energy for hormone production and balance. We then check for hormone balance using Muscle Response testing and do computerized testing to determine endocrine organ energy levels and sensitivity to your own hormones.

## Saliva Hormone Testing (\$290)

The father of modern day bio-identical hormone therapy, John R. Lee, M.D. showed that this is the most accurate way to determine cellular levels of hormones. Hormone resistance is a key in many cases, so it is critical to know the cell levels of these hormones not just the blood levels. This is the key for many difficult cases.

## Hours

Monday	9am - 12pm	2pm - 6pm
Tuesday	closed	1pm - 6pm
Wednesday	9am - 12pm	3pm - 7pm
Thursday	closed	1pm - 6pm
Friday	8am - 1pm	closed

